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VALUE VISION

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NUTRI FIRM DETOX AND RESTORE INTERNAL CLEANSER

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DATE

RECORDED: AUGUST 11, 2000

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RECAP

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HOST: We are going to talk about detoxing your body.

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ON SCREEN:

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C-17395

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S&H \$3.99

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\$59.95

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Isomers

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HOST: You know, I have a friend who is -- oh my gosh, she is so into

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detoxing. That's her thing.

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MANUELLA: Um-hum.

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HOST: I'm detoxing this week. Well, I -- you know, I think about

19

what that girl does and -- and I think well, oh, I'd be sick right after the first day.

20

Starving to death number one. I'd be starving to death and they drink all these juices

21

--

22

MANUELLA: Um-hum.

23

HOST: -- and all this stuff. And -- and, you know, I just can't do that.

25

first few days, you feel so much better afterwards because you're all completely

26

cleansed. Everything in your body, your intestines and everything, are all completely

27

cleansed.

1 MANUELLA: Um-hum.

2 HOST: Well, that's a very difficult thing to do. It's never been worth
3 the torture for me. Just let it all build up. Just let it build up because if I don't know
4 it's there, I'm fine with it.

5 **ON SCREEN:**

6 **Nutri Firm Detox and Restore Capsules - 2 bottle set**

7 **C-17395**

8 **Internal Cleansing Program may help**

9 **One feel better, more energetic, awake and aware**

10 **Clean out and balance your system**

11 **Remove toxins, waste, fat and irritations**

12 HOST: This is the first time that I have seen a program that let's you
13 maintain the life that you have without doing anything horrifying or disruptive to your
14 system or your stomach or giving you headaches and yet, you can do what you need to
15 do for your body.

16 **ON SCREEN:**

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19 **\$59.95**

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25 MANUELLA: Right. Because this, again, we're using an enzymatic
26 system. What the detox program contains, it contains Psyllium Husk to help push out
27 all of the elements that are bad. It contains Dandelion and Alfalfa enzymes. These

1 enzymes go into the digestive tract, into the intestine, small and large intestine, and
2 like little pac-men, they eat up all the dirt and debris.

3 If you think of your stomach or the stomach lining like a sponge, it has
4 holes and crevices in there. And a lot of what we eat, the foods, the processed foods,
5 things that — the chemicals that we eat, the dyes that we ingest and the candy or ice
6 cream or things like that, that all sticks into those little crevices.

7 **ON SCREEN:**

8 **Nutri Firm Detox and Restore**

9 **C-17395**

10 **Intestinal Detox Cleanser and Eliminator**

11 **ingredients:**

12 **Psyllium Husk**

13 **Alfalfa Leaf**

14 **Dandelion Root**

15 **Carrot**

16 **Green Anise**

17 **Fennel Seed**

18 **MANUELLA:** What we want to do is clean that out enzymatically.

19 And then when it comes out, it passes through us. We end up being detoxified. The

20 Restore that you take in the morning, that is a seven strands of friendly bacteria to

21 rebuild the flora and fauna and the amelia in the body

22 **ON SCREEN:**

23 **Nutri Firm Detox and Restore**

24 **C-17395**

25 **Restore Ingredients:**

26 **FOS (Fructooligosaccharides)**

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Probiotic Acidophilus
Complex Supplying 4 billion CFU's of

Bifodobacterium Longum,
Lactobacillus Bulgaricus

Lactobacillus Rhammosis,
Lactobacillus Casei
Lactobacillus Plantarum,
Lactobacillus Brevis,
Lactoferrin

MANUELLA: So, we clean you out and restore at ground zero so you have a fresh start. It literally only takes one month, 30 days, of following this program.

HOST: Um-hum.

MANUELLA: You will -- you will probably notice a lot of things. You have more energy. You've lost weight.

HOST: Ahh.

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MANUELLA: Because a lot of times you'll be carrying excess weight

1 that is there from toxic.

2 HOST: Just kind of hanging out.

3 MANUELLA: You'll be feeling better.

4 HOST: Yes.

5 MANUELLA: Your skin will look better. Your eyes will have more
6 clarity.

7 HOST: Oh, yes.

8 MANUELLA: If you suffer from a lot of headaches, a lot of times
9 you'll notice that they will -- they will pass. If you have a lot of allergies, you'll notice
10 that they'll subside. So, you'll see a lot of changes in your body once you detoxify.

11 HOST: Well -- and you know what's -- what's interesting, too, is -- a
12 lot of what my friend would do is the juices.

13 MANUELLA: Um-hum.

14 HOST: A lot of juices. And I think, ooh, the acidic feeling that you
15 would have. How can you drink just juice for days?

16 MANUELLA: Exactly. It plays with your metabolism when you just
17 drink juices.

18 HOST: Ooh. Ooh. Ooh, ooh.

19 MANUELLA: And it stops your digestive systems. So, it ends up
20 making it much more sluggish. This is a system that works hand in hand with your
21 lifestyle. ~~This is something that works hand in hand with your body. Again, it's~~
22 enzymes. It's like using the enzyme peel but only on the inside.

23 HOST: Wonderful. Easy to take.

24 ~~MANUELLA: Very easy to take.~~

25 **ON SCREEN:**

26 ~~Nutri-Firm Detox and Restore Capsules - 2 bottles set~~

27 C-17395

3 **Constipation**

4 **Colds**

5 **Flu**

6 **Headaches**

7 **Allergies**

8 **Weight Problems**

9 **Impaired memory**

10 HOST: Let's -- let's take a look at our screen. This is a lot of things --
11 okay. Constipation.

12 MANUELLA: Um-hum.

13 HOST: A lot of women suffer from that.

14 MANUELLA: Right. And also --

15 HOST: Big deal for women. Yeah.

16 ~~MANUELLA: Oh, exactly. And a lot of women also will end up~~
17 ~~taking -- they want to cleanse out and they'll say okay, I'll just take a laxative.~~

18 HOST: Um.

19 ~~MANUELLA: You know what happens when you do that? It~~
20 ~~becomes a vicious cycle because it's relaxed muscles in the body that no longer~~
21 ~~function properly. Restore actually exercises~~

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HOST: That's very bad.

MANUELLA: -- those muscles --

HOST: Um-hum.

MANUELLA: to keep you in optimum shape

ON SCREEN:

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An Internal Cleansing Program may help those who suffer

from:

Constipation

Colds

Flu

Headaches

Allergies

Weight Problems

Impaired memory

HOST: Okay. Colds, flu -- well, you know, if you've got a lot of bacteria hanging around in your body, of course -- I mean, really. If you've got a lot of stuff that isn't supposed to be there, bacteria, it's going to wreak havoc. It's going to be in a big play ground. Oh, let's have a good time.

MANUELLA: Um-hum.

HOST: We're just going to do whatever we want to right now.

MANUELLA: Um-hum.

HOST: So, it is very important that we get rid of it.

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An Internal Cleansing Program may help:

Get full detox program information and learn more

Clean out and balance your system

Remove toxins, waste, fat and irritations

MANUELLA: It's very important. A lot of times when you travel,
you eat foreign foods or you're subject to a lot of medications

HOST: Oh, yes.

MANUELLA: -- or allergies or just in a polluted environment --

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HOST: Um-hum.

MANUELLA: -- you want to be able to clean all of this out. Because
by cleaning it out and starting from scratch, your body is then able to function better.
If the filter in your air conditioning -- don't you rinse it out once in a while to get all
that trapped sediment out of -- out of the air conditioning system because you don't
want to breathe it?

What about inside the body? We have filters in our body as well that

1 need to be cleansed out. Once they're cleansed out, you will notice that your body

~~2 will meet better. You will feel better. You'll have more energy. And a lot of times~~

3 you'll notice some weight loss as well as the system cleans out some things that have
4 built up over years and years and years of constant neglect.

5 HOST: Can you imagine though? Can you imagine -- that would just
6 be horrifying to think about. You know, sometimes we -- we don't think about those
7 things.

8 MANUELLA: Um-hum.

9 ON SCREEN:

~~10 Nutri-Firm, Detox and Restore Capsules 2 bottle set~~

~~11 1-17-98~~

~~12 Easy to use, 30-tray system~~

~~13 Eat normally~~

~~14 Requires drinking 2 liters of cold water per day~~

~~15 Use system only 3-4 times per year~~

16 HOST: And we don't think about taking care of our bodies properly.

17 And it always seems to me that the ones who, you know, spend half of their time

~~18 reading about nutrition and, you know, going into the gym and doing things~~

19 spend all of their time in the gym and they're always saying oh, you know, you should

20 read this book by so and so and that book, I don't have time for it and I don't do it.

21 MANUELLA: Um-hum.

22 HOST: And I know I don't have time for it and I know I'm never going

23 to -- I'm not even interested. I'm not even interested. That's why a program like this

24 would work for me because I'm honest with myself.

25 MANUELLA: Um-hum.

26 HOST: I know I need to do it but because I can't see it, I'm going to

27 ignore it.

1 MANUELLA: Exactly.

2 HOST: That's not the healthy thing to do. That just isn't the healthy
3 thing to do.

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13 HOST: So, one thing that -- that's interesting is that if you do this

14 ~~yourself if you -- you know, you're doing the juices and everything, you're not adding~~
15 the second part of that which is the friendly portion that goes in and helps to repair
16 everything.

17 ~~MANUELLA: Right.~~

18 HOST: So, you have a two-fold system here that we're talking about,

19 ~~the first part is the firming but the restoring of the system, restoring of your system as~~

20 well.

21 You know, we think about that for our skin. If we take away all the
22 moisture on our skin, if we wash it with something that's -- that's a soap or whatever,
23 then we always think about restoring the PH balance.

24 We always think about giving ourselves moisture. If we're hungry and
25 we've depleted our system of energy, we always think about taking vitamins or
26 thinking about eating food.

27 MANUELLA: Um-hum.

2 repairing the inside of our body as well? You know, I think it's an area that we all
3 need to really start thinking about. And maybe if you are sluggish, you're having
4 some of the problems like with constipation and a lot of women suffer from consti-
5 pation --

6 MANUELLA: Headache.

7 HOST: -- a lot of headaches. Oh, that's --

8 MANUELLA: Wake up in the morning with a headache. Think about
9 it. Your system is backed up. It's all toxic. And because we don't do things to clean

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13 program works that way as well, which is laborious.

14 HOST: Un -- you know what? I -- I just -- I've just never seen a
15 program like this in just a little pill. So, now how do I take this? What do I do?

16 MANUELLA: Very, very simple. The Detox, my favorite way of
17 doing this, you take three Detox at night.

18 HOST: All right.

19 MANUELLA: Okay. So, take three and go to bed. That's it.

20 HOST: On an empty stomach? You don't have to have food?

21 MANUELLA: You don't have to have food.

22 HOST: Okay.

23 MANUELLA: Take three and go to bed. In the morning when you
24 wake up with breakfast, take two of the Restore. Do that for 30 days.

25 HOST: That's it? Just --

26 MANUELLA: That's it.

27 HOST: -- do it for 30 days? Then I don't have to do it again for -- you

1 do it a couple of times a year, you're done.

2 MANUELLA: Two, three, four times. No more than four times a
3 year. So, no more than once a season.

4 HOST: See, now -- and this is the interesting thing is once you do
5 something like this for your body, you don't have a point of reference right now. If
6 you've never detoxed your system, you do not have a point of reference. So, you don't
7 know how good you're going to feel afterwards.

8 But once you do this the first time, you will know when you need to do
9 it again.

10 MANUELLA: You'll know --

11 HOST: You'll feel it.

12 MANUELLA: -- and, also, you'll feel it. A lot of times people say --

13 HOST: Yeah.

14 MANUELLA: -- you know, I have plaque in my arteries or I have
15 build-up of such --

16 HOST: Yikes.

17 MANUELLA: -- and yeah, and yeah is the body

18 HOST: Um-hum.

19 MANUELLA: You eat normally. You fight -- you do everything that
20 you're doing today, everything that you're going to do tomorrow --

21 HOST: Um-hum.

22 MANUELLA: -- you continue doing all of those things. It's not a
23 special diet. It's nothing that you have to change. All you have to do is take these
24 three in the evening --

25 HOST: Um-hum.

26 **ON SCREEN:**

27 **Time Left: 2:00**

1 MANUELLA: -- two in the morning, and you're done. This is going

2 through your system. It's going to clean it up. It's going to awaken the system

3 You're going to find that the headaches subside. You feel better. You look better.

4 You have energy because the body -- you're taking rid of all of that sediment --

5 HOST: Um-hum.

6 MANUELLA: -- that's been hanging around. Think about this. You

7 wash your dishes every day after each meal, right? If you didn't wash your dishes,

8 what would happen after a week? If you kept eating off the same dish -- we do the

9 same thing with our body. We don't --

10 HOST: I wouldn't eat off the same dish

11 twice --

12 MANUELLA: Well --

14 MANUELLA: After a week but we go years and years and years of
15 ingesting things constantly and never really backing down and saying you know what,
16 let's clean it out.

17 HOST: Right.

18 MANUELLA: Let's clean out those nooks and crannies and crevices.

19 HOST: Um-hum.

20 MANUELLA: It's very interesting because my son Kian, he's two
21 years old, he loves peanuts. He loves peanuts and sunflower seeds --

22 HOST: Oh, yeah.

23 MANUELLA: -- and these kind of things. Did you know that my --

24 his pediatrician told me do not give him peanuts or sunflower seeds because they're

25 the perfect size that fit into the holes and the crevices in the lining of your stomach.

26 So, think about this. There could be peanuts and things that we have

27 in our body that have been hanging around for a long time. This enzymatic system

1 will get it out.

2 HOST: Oh, you bet. You bet. \$59 and change, everybody. Please
3 write the item number down. We are getting ready to talk about Bio Nutritional. So,
4 now we've done this wonderful thing for our -- for our bodies. We've detoxed it. And
5 the one thing that we really need to make sure that we do is feed everything.

6 MANUELLA: Um-hum.

7