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DR. DIETZ: Good morning and welcome to the forum on the interagency working group proposal on food marketed to children. My name is Bill Dietz. I'm the Director of the Division of Nutrition Activity -- Nutrition, Physical Activity, and Obesity at the Centers for Disease Control and Prevention. And it's my pleasure to welcome you. We very much look forward to your comments.

I wanted to just review briefly for you a few of the considerations that we employed when we were developing these principles. We were charged by Congress through the FTC to develop a working group that consisted of members

vegetables, and whole grains. And in addition, the scope of the media to which such standards should apply.

And when we began to think about this, we decided rather than identifying foods that should not be marketed to children, our recommendations were designed to encourage children through advertising and marketing to choose foods that made a meaningful contribution to a healthful diet and to minimize the consumption of foods with significant amounts of nutrients that could have a negative impact on health or weight, specifically sodium, saturated fat, trans fat, and added sugars.

We were driven by -- principally by the consideration of obesity, which, as you know, is highly prevalent and a major health issue for the United States today and particularly obesity in childhood. And the attention to these other nutrients were not only based on what they might contribute to obesity but also concerns about the contribution particularly of sodium to elevated blood pressure and ultimately hypertension.

We want to emphasize that these proposals, these principles, are voluntary and because we were uncertain about the challenge that this might pose to industry, that we are soliciting comments on the implementation phase. And as we specified in the proposal, we are looking at a five-year time line but

1	bluow	welcome	comments	on	that.

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The first session today is going to consist of a summary of nutrition principles by Barbara Schneeman. Barbara is the Director of the Office of Nutrition. Labeling, and Dietary Supplements at the Center for Food Safety and Applied Nutrition of the Food and Drug Administration. And she'll be followed by Michelle Rusk, who is going to review a summary of the proposed marketing definitions. Michelle is an attorney at the Division of Advertising Practices at the Federal Trade 10 Commission.

> We're hopeful that we're going to have time for a few questions, simply for clarification, following these two presentations, but I want to mention that there may be time for additional speakers because the number of people who have signed up to speak is pretty limited. And Mariel is not here, but the person who will be sitting in this empty seat in the front corner to your right will be the person to contact if you are suddenly inspired to make some comments and hadn't heretofore signed up.

So, with no further ado, let me introduce 22 23 Barbara.

Oh, yes, I'm sorry, there are some housekeeping 24 details. I apologize. 25

1	MS. THEVARAJAH: So, that was a lovely
2	introduction, and I don't want to take away from it by
3	our housekeeping details, but my name is Sadena
4	Thevarajah. I'm with the Office of External Affairs here
5	at HHS, and we'd like to welcome everyone here. You'll
6	be hearing from a variety of stakeholders and experts
7	today, but everyone really wants to know where the
8	bathrooms are. And, so, just to let you know, the
9	bathrooms are right behind you. If you exit through
10	those doors in the back, you should be able to find them
11	pretty easily. They're a little to the right.

Beyond that, please do not wander around the building. You will need to be escorted anywhere else within this building. If you would like to do anything else in this building, please let one of the Federal Government officials here know and we can have you escorted to another part of the building.

There will be three sessions and one 15-minute break from what I understand. And during that break or at the end of that break, we ask that you promptly return to your seats so that we can keep everything going. And I think that's all. Please make sure your wristband is presentable at all times. That's the final piece of advice that I would give you. And I hope you enjoy your day. Thank you, Dr. Dietz.

where those are codified in the Code of Fede	ral
Regulations; however, I would note that thes	e are not
these principles are not designed to replace	any dietary
guidance or any other regulation. They're s	imply we
looked at those as resources to try and deve	lop these
principles. And, of course, the 2010 Dietar	y Guidelines
for Americans, many of you are aware that du	ring most of
the time that the interagency working group	worked we
would have had the 2005, but we went through	, once the
2010 guidelines were released, we went throu	gh to make
sure we had consistency with the 2010 dietar	y guidelines.

And then, of course, we also looked at relevant reports from the National Academy of Sciences, particularly the Institute of Medicine, and I've highlighted a few that were particularly useful, the Dietary Reference Intakes, the Nutrition Standards for Foods in Schools, and, more recently, then, the Strategies to Reduce Sodium Intake in the United States.

The interagency working group agreed that rather than thinking about all foods, the intent here is to really focus on those food product categories that are most heavily marketed to children. These categories were developed by the FTC based on their review of food marketing expenditures, and I included a reference to 2008 FTC Food Marketing Report.

We identified 10 categories, and I went ahead
and I kept in the product classification code, the PCC,
but not the full description. Obviously, the full
description is in the report itself. But the 10
categories, then, are breakfast cereals; snack foods;
candy; dairy products; baked goods; carbonated beverages;
fruit juice and noncarbonated beverages, excluding all
varieties of coffee; prepared foods and meals; frozen and
chilled desserts; and restaurant food. And, so, these
are the ones that we would like to see the nutrition
principles applied to.

We also recognized that while many of the criteria fit very well for individual foods, we also needed to think about how do we make an adjustment for main dishes and meals, since many of those products could also be marketed to children. We used the Federal definition of main dishes and meals, which are defined as containing at least two or three 40-gram portions respectively and include foods from two or more of four food groups. And, so, a main dish being at the smaller end; the meals being at the larger end. And, so, any proposed adjustment for a main dish or a meal product is based either on the 100-gram basis or it's based on the label serving of the product.

So, Principle A is the principle that probably

most resonates with what Dr. Dietz said, that foods
marketed to children should make a meaningful
contribution to a healthful diet. And, so, the principle
itself states that and then recognizes that individual
food should contain contributions from at least one of
the food groups that we'll talk about; main dishes should
contain contributions from at least two; and meals should
contain contributions from at least three of the food
groups.

So, again, the importance here is recognizing that foods that are being marketed to children really should make a contribution so that children can, in fact, within their calorie needs, meet the kind of food group recommendations that we find in the USDA Food Guide.

Now, in -- just to go back, I noted that the interagency working group actually is considering two options for implementing this particular principle. This is not two ways that you can use, but two options that we're putting forward. So, based on the comments and other information received, we can decide which option is the most logical one to go with for this particular principle.

So, one option is that individual food should contain at least 50 percent by weight of one or a combination of more than one of the following: fruit,

vegetables, whole grain, fat-free or low-fat milk products, fish, extra lean meat or poultry, eggs, nuts, and seeds, or beans. And likewise with main dishes and meals, that they also would be basing it on a 50 percent by weight from for main dishes for a combination of at least two of the food groups and for meals containing at least 50 percent by weight from a combination of at least three of the food groups. So, this is using a fairly simple approach of looking at 50 percent by weight. 

Option two is based -- uses the concept of making a meaningful contribution in relationship to the amount that is recommended to consume for each food group from the USDA Food Guide. And, so, this is looking at that an individual food would contain one of the following or a proportionate combination or more of one of the following per RACC, main dishes or meals should contain that proportionate amount per 100 grams, with main dishes meaning that tTc( Ol 1 Tf5flb6ilffic8fc(eTD0 i81 1 Tf-5

And, so, the amount was calculated by taking
the total recommended amount within a 2,000-calorie diet
The assumption that that eating the eating of that
recommended amount would be over four eating occasions,
three meals and snacks, and so this is a quarter of the
amount that's recommended, that a food marketed to
children should have at least that amount.

Now, the second principle was recognizing that certain nutrients should be limited in the foods that are being marketed to children. And this is to minimize the content of nutrients that could have a negative impact on health or body weight, and it does give an exemption for nutrients that are naturally occurring in food contributions listed under Principle A. And the limits are then set for saturated fat, trans fat, sugar, and sodium.

And this then just lists the limits that were set for each one. I'll just give you a little background. It's completely outlined in the report what the interagency working group considered. For saturated fat, the limits are based on the definition of low in saturated fat, as one would find in Federal regulations. So, the product would be -- could meet that definition of low in saturated fat.

For trans fat, as many of you know, we don't

have a daily reference value for trans fat. The recommendations from the Institute of Medicine and that were used in developing labeling for trans fat is that intake of trans fat should be as low as possible and within Federal regulations, zero grams of trans fat is defined as less than .5 grams per RACC or per reference amount customarily consumed. So, we used the concept, then, that these foods should meet that definition of zero grams of trans fat.

For added sugars, the -- again, we don't have a dietary reference value for added sugars, but we can look to the recommendations that are in the Dietary Guidelines. And in the 2010 Dietary Guidelines, there is a key recommendation to limit calories from solid fats and added sugars, or as referred to, SoFAS. Within the guidelines, they point to the fact that within a 2,000-calorie-per-day diet, there are -- you could have up to 258 calories per day contributed by SoFAS, the solid fats and added sugars.

If you took that whole 258 calories as added sugars, that would be the equivalent of 64 -- 64.5 grams of added sugars. Using the concept that FDA has used (21)371ies t2nyllac2ke of an amount would be high, we estimate that 13 grams of added sugar per RACC for an individual food, or in this case, per serving of main

dish and meal, would be a limit that seems reasonable to put on foods. So, again, that was a calculation, and that's all outlined in the report itself.

I will note here that this is a place where we're also recommending that we use the concept of the small RACC, a small RACC being 30 grams or less, that if a food has a small RACC, reference amount customarily consumed, then the calculation of sugars should be based on 50 grams, so it comes out then eight grams per RACC, if the food is a small-RACC food.

With the sodium, the eventual goal for sodium is that foods would meet the standard of how we currently define low in sodium, which is 140 milligrams per RACC, per referenced amount customarily consumed, and 300 milligrams per serving for meals or main dishes.

We recognize that given the products that are in the market now this is really quite a challenge to meet in terms of foods that can be marketed to children. And, so, the interagency working group agreed to set an interim goal that is 50 percent greater than what the eventual target would be, and so that's no more than 210 milligrams per serving for individual foods and no more than 450 milligrams per serving for main dishes and meals. And in setting an interim goal, the IWG suggested that it would -- ideally we should be meeting that by

- 2016 and meeting the eventual goal of low in saturated
- 2 fat by 2021.
- 3 So, just some final comments that I put as

MS. RUSK: Okay, I'm Michelle Rusk, and I'm with the Federal Trade Commission. So, the proposed nutrition principles that Barbara described are the part of our proposal that's intended to guide food companies in determining which foods ideally they would be marketing to children, which foods we would like to see the food companies sort of nudging children toward.

And the other piece of the proposal is defining what constitutes marketing to children. So, it's both what categories of marketing activities would be covered under our proposal and then what criteria would be used to determine when those activities are targeted to children.

The working group is proposing to use a template that has already been developed for the FTC's 2008 report on food marketing to children and adolescents. We think that the template for marketing definitions from our report makes sense because it has already been vetted to some extent. As part of that report process, many of the large food companies that submitted data for that report, I think a lot of you are here in the room, are now familiar with those categories and our definitions, and we think it seems to capture the full scope of marketing activities to children.

The detailed list of categories and criteria

are in the appendix to the 2008 FTC report, which is on our website. We have a summary in our proposal, and I will try to go through them quickly this morning. I think the first important point to make is that the working group's proposal would cover both children ages two to 11 and adolescents age 12 to 17.

Obesity rates are alarmingly high, as we all know, in both age groups, and the food marketing directed to both children and adolescents is also substantial.

And I think as Bill mentioned, Congress made it clear to us in its bipartisan directive that the working group needed to consider marketing to both children and teens.

The second point is that our proposal extends beyond just television advertising and other traditional media, so we're actually covering 20 different categories of marketing activities. And then the reason, I think we felt that was important, is that food marketing to children is no longer just about TV. Marketing campaigns are highly integrated, very sophisticated. They typically weave together many different marketing techniques into one campaign, with the result that marketing messages are really ubiquitous.

And the working group felt that if we really limited the categories covered to TV and other traditional media that that would only cover about half

of what the industry spends to market to children, maybe even less than that if you look at actual exposure to children of food marketing.

So, I guess the bottom-line message here is that the proposal for marketing definitions really would represent a substantial expansion of current self-regulatory programs, both in terms of the age of children covered and also the range of marketing activities included. In terms of criteria, we're proposing a mix of criteria to determine whether a covered activity is targeted to children. We're looking at both objective factors, where those are available, like audience share, but also subjective indicators about appeal to children and, also, obviously company intent. So, if it's in a company's marketing plan that this is a campaign to children, then that automatically establishes that it would be covered.

But before I get into those criteria a little bit, I just want to go quickly through the list of covered activities. Television, print, and radio, I think, are self-explanatory, and probably most of these are self-explanatory to the marketers in the room.

Company websites are those that are created and controlled by a food company and includes things like virtual worlds, adver-gaming, online sweepstakes and

contests, but basically it's referring to company-owned websites.

Other internet advertising would cover things like the banner ads, popup ads, ads in chat rooms or blogs or social networking sites. The movie/video game category refers to ads that you would see in a movie theater before the movie or placed at the opening of a video or a video game. So, it's not the same as product placement, where you have the logo or the signage or the image of the food or other references actually embedded in the movie or in the game content or referenced in music. That would be an example of product placement.

example would be the toys in the kids meal as a premium,
but also things like sweepstake prizes.

And then character licensing, toy co-branding, cross-promotion, to some extent that would go hand in hand with some of the premiums because a lot of those premiums are licensed characters and cross-promotions with popular kids movies. When we talk about toy co-branding, what we're referring to is toys that you would buy in a retail toy store, so maybe a doll that's dressed up in a fast food chain employee outfit or a counting book based on a popular candy or cookie. Those would be examples of toy co-branding.

Sports team and athletes sponsorship are also covered. Word-of-mouth marketing would be when a company provides samples or other incentives to a non-employee to encourage them to go out and discuss it with their friends or promote the product with their friends.

of mouth and viral marketing, with an alternative criteria again that if companies knowingly seek participation of children or teens, that would be considered targeting.

And then for all of those categories, there are additional criteria that might cause us to consider something child-targeted. We said, as I mentioned at the beginning, that we would look at company intent. If it's in the marketing plan that it's targeting children, it's targeting children.

And for everything but TV, print, and radio where we feel like we have a very good objective audience share measure to determine what is kids programming, for all of the other covered activities, we also would be looking at subjective indicators of appeal to children and to teens. So, use of animated characters, celebrities that are popular with children, language in the marketing that uses the words child, kid, teen; the age of the models or characters in the marketing; and other child-oriented themes.

So, those are the categories and the criteria. We do have a number of questions in our proposal, both on the nutrition principles and on the marketing definitions. We really do want your input in addition to any oral comments today. We're encouraging people to

- 1 submit written comment.
- 2 There are a couple of key issues on the

1	food groups? Because it I was looking at like
2	macaroni and cheese or soups or stews or some other
3	canned products and trying to figure out which one should
4	meet the standards for individual foods and which ones
5	should meet the standards for main dishes.

DR. SCHNEEMAN: So, first of all, the -- we did use the definition -- I'm, of course, most familiar with the FDA definition for main dishes, and that's the CFR site that was on the slide, 21 CFR 101.13, and for the USDA I guess it's 9 CFR 317.313(m) and 381.417(m)? It's in the -- it's definitely in the proposal, but main dishes are defined as containing at least two or three 40-gram food portions respectively. So, a main dish

1	following or a proportion combination per 100-gram with
2	main dishes fulfilling at least two of the following and
3	meals fulfilling at least three of the following.

DR. WOOTAN: So, just practically, so a soup, if it had like 40 grams of noodles and 40 grams of vegetables, then it would be a main dish, and if not, it would be an individual item?

DR. SCHNEEMAN: You know, any particular thing, I'm not going to just sit here and say yes, it's a main dish or a meal. I think we always look at those individually when they're in front of us. But, yeah, you're getting -- if you start adding up the number of 40-gram increments, then you at some point flip into a main dish and a meal.

DR. WOOTAN: Okay. Great. Thank you.

MR. FABER: Good morning, Scott Faber with the Grocery Manufacturers Association. I just had two questions. One is the 2009 Omnibus Appropriations Bill directed the IWG to complete a study and then to provide recommendations. And my first question is, can you comment on why a study was not completed? And the second question is the time lines of 2016 and '21 seem to presume that the marketing guidelines will drive ultimately reformulation. Is that -- am I right to assume that?

1 DR. DIETZ: To the last point, ye	_	DR.	DIETZ:	To	the	last	point,	vе
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MR. FABER: So, the point of having extended time lines is to raise the bar and then in turn drive changes in recipes and ultimately by 2016 and 2021, is that correct?

DR. DIETZ: Yes.

MS. RUSK: I think it's two-fold, Scott. I think it's that we want to see marketing of the healthier options in companies' portfolios, but we're also obviously hoping that the way companies will respond to this proposal is not just to quit marketing to children but to actually put in the effort to reformulate to lower the sugar content or increase the whole-grain content of their foods and then market those better options to children. So, I think it's sort of two issues.

And on your first question of study, I mean, I think that's sort of a vague term. I think we feel like we have studied as we came to this in terms of looking at all of the various approaches that others have taken to marketing to children. We looked at many of the standards that were out there. We looked at how our proposal would impact foods in the marketplace, doing food runs and analysis of those foods.

We're relying on studies done by others on the nutrition, obviously the dietary guidance is based on a

1	we can make the most impact, just eliminating juice often
2	solves a lot of the problem. It's really remarkable that
3	if we go principally to water and low-fat milk, much of
4	the problem is resolved over time. So, we'll leave it at
5	that for now. Thank you.

DR. DIETZ: Any other questions or comments?

(No response.)

DR. DIETZ: All right, let me turn this over to Michelle.

MS. RUSK: Okay, I think we'll go on right ahead into our second session, and then we promised to give you a break after that. And I see a couple people standing. There are one or two seats, and if you're a speaker, you have a seat with your name on it, so you can find a seat at the front. I don't know if anybody else in the back -- I see two seats in the group.

And I did want to remind you that we have allotted a little bit of extra time hopefully so if there is anyone in the audience who would like an opportunity to speak, if time allows, we do need you to contact one of our staff up front and give them your name and affiliation so we can make a list and give you an opportunity, if time presents at the end of each session. So, we'll get that person up here in the front seat during this panel, and you can just give her your name

1 and affiliation.

And with that, I'm going to turn it over to Dr. Post from USDA Center for Nutrition Policy and Promotion. And we will start taking comments on the nutrition principles. I believe we have a specific order of speakers, alphabetically, and we are providing you with three minutes, and we have a very high-tech PowerPoint that will give you a yellow clock. I know nobody likes traffic lights, but we are going to use them to time the statements, so we will have a green, yellow, and red, and you have about 30 seconds when you see that yellow slide come up and we go to red, but we promise not to cut you off mid-sentence.

DR. POST: All right. Well, thank you for your interest in this important issue certainly and also in helping making the process effective by giving us your comments. We look forward to your written comments, as you heard. So, we're going to go through the process of three minutes or so, and there's no trap door, I don't think, but I'll probably warn you when you've reached the limit. And I think there might be a question or two if we need clarification, so that's sort of the process we're using.

The first -- the first commenter, Kristy

Anderson, the Robert Wood Johnson Foundation. Is that

situation and how food marketing to children is ubiquitous, leading to the need for strong guidelines.

For instance, the Rudd Center for Food Policy and Obesity at Yale University released a report which found that the least healthy cereals are the ones most aggressively and frequently marketed to children of all ages. Much of this marketing comes in ways that bypasses parents, making it nearly impossible for moms and dads to be effective gatekeepers.

Research from Bridging the Gap shows that food ads made up more than one-quarter of television ads viewed by adolescents. The most commonly viewed products in these ads were fast food, sweets, and beverage products, most of which are easily attainable by this age group. The number of television food ads viewed was even higher for African-American adolescents than white adolescents. And as you know, African-American children are particularly at risk for overweight and obesity.

Finally, Healthy Eating Research has produced several reports that illustrate the problem of food marketing to children. In a 2010 study funded by Healthy Eating Research and conducted by the Center for Science in the Public Interest, companies were assessed whether they had adopted a policy on marketing to children and, if they had, whether those policies were adequate in

adhering to nutrition-based standards.

list of foods that may be marketed to children.

The 2010 Dietary Guidelines for Americans recommend an increase in the intake, and I quote, "fatfree or low-fat milk and milk products such as milk, yogurt, and cheese." And yet the 1 percent fat restriction and the confusing wording of the provisions related to naturally present saturated fat in low-fat dairy foods would preclude the marketing of most yogurts to children.

The proposed guidance fails to include any substantiation for the creation of a new definition of low fat when FDA has clearly established a long-standing definition. It makes no sense to prevent the marketing of yogurt that is low fat as defined by FDA, given its known nutrition benefits and current recommendations for the U.S. population at large to increase its consumption of low-fat dairy.

The working group has not provided a sufficient basis for its principles and has no evidence that limiting the advertising of wholesome and nutritious products like low-fat yogurt to kids will decrease childhood obesity. Furthermore, the sweeping restrictions may actually serve to restrict a parent's ability to receive valuable information about the nutritional benefits of yogurt and the role it can play

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Finally, the working group has suggested that an audience must only be comprised of 20 percent youth, ages 12 to 17, for certain advertising to be considered targeted to adolescents. We question the basis for this very low threshold, as the guidelines would, therefore, have significant reach into venues and programming directed at an overwhelmingly adult audience. The 20 percent threshold ensures, in effect, that this initiative is not about curtailing advertising to children but rather ending the majority of food advertising to the entire adult American population.

For these reasons, the National Yogurt
Association respectively urges the working group to
reconsider its current proposal. I appreciate the chance
to share NYA's views, and I would be happy to provide
answers to any questions in writing after conferring with
my members. Thank you.

DR. POST: Thank you.

DR. SCHNEEMAN: One question for clarification.

I'll just talk loud. I can hear you.

MS. CORTINA: I can hear you.

DR. SCHNEEMAN: You referred to the fact that low-fat, and yet we didn't set a criteria on fat, so I was just curious what you meant by exclusion of low fat

- 1 products.
  - 1 MS. CORTINA: I believe it is -- there is aproducts.

Advertising. We've been here before. A group of FTC advertising specialists once wrote "The children's advertising proceeding was toxic to the Commission as an institution." That comment was applied to the well-intentioned but ill-fated regulatory venture known as KidVid. KidVid would have banned advertising to -- of food products to a broad group of children with a goal of reducing dental cavities. After nearly three years and 6,000 pages of hearing transcripts, the FTC staff recommended termination of that rulemaking.

Viewing that result from the staff of the

Senate Judiciary Committee, where I was at the time, we
watched the regulatory process stop a serious restriction
on speech. But it's deja vu all over again, except the
working group, I think, is pursuing a flawed process.

Congress asked for a study and recommendations,
presumably to determine whether there was sufficient
basis for future legislation, but we've seen no study.

The IWG has offered regulations described as voluntary,
but the missing study would have provided the public and
the Congress with the rationale behind the proposed
regulations and the science on which the interagency
working group relied.

If the FTC had proposed a regulation then

Congress would have had the -- or the public would have

had the opportunity to hear testimony on the scientific and policy justifications. It would have had -- been reviewed by OMB and measured against the executive order to ensure that benefits justify their cost and that they pose the least possible burden.

The process bypassed these critical steps that could have been used to measure the merits of any proposal or a regulatory proposal. The multi-agency proposal carries the force of government action to restrict advertising, but it lacks the precision or the defined goals that could be expected to support a proposed rule.

It lacks the precision, and the description of these proposed regulations are described as voluntary, but that's inconsistent with the fact that food manufacturing companies, ad agencies, networks, all would be viewed as expected to comply with them.

At a workshop on legal strategies for preventing childhood obesity, the Director of the Bureau of Competition for the FTC suggested that the agency pursue non-complying companies as engaging in unfair or deceptive acts or practices.

We believe that these would be perceived as enforceable rules, they would be reviewable by a Federal court, and the compliance would be examined against the

Constitution and other Federal laws. We believe these 1 proposed regulations would violate the First Amendment. 2 The interagency working group has offered no evidence 3 4 that they would directly advance a substantial interest of the Federal Government, and while the Institute of 5 Medicine offered multiple strategies to help reduce 6 7 childhood obesity in the U.S., the proposal would have the Government deploy speech restrictions as the first 8 9 step, not the last resort. All right, thank you. 10 DR. POST: Thank you. Okay, the next comments are from Joy Dubost 11 from the National Restaurant Association. 12 13 DR. DUBOST: Hi, my name is Dr. Joy Dubost. As the Director of Nutrition of the National Restaurant 14 Association, I would like to express my strong concerns 15 and highlight several significant shortcomings of the 16 proposed nutrition principles. The restaurant industry 17

The voluntary guidelines make it virtually impossible to advertise a wide array of menu items sold alone or as part of a meal. This would include an array of healthful menu items from low-fat dairy to lean protein and possibly water. The guidelines also deprive

is a strong proponent for measures that address childhood

obesity. We collectively must focus on policies and

practice that will work.

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parents of information that highlights numerous
nutritionally improved healthful food choices that fall
short of the very high bar that has been set.

How useful are voluntary standards if they are so restrictive the industry cannot comply? It's important to note food is not nutritious until the child consumes it. Many restaurants have voluntarily stepped forward to address concerns around childhood obesity. We have been actively working with our members to incorporate healthful menu items on children's menus and thus have seen a consumer demand for these items increase.

Restaurant companies from independent owners to large chains have responded by providing hundreds of new, more nutritious items through recipe reformulation and new menu options. Parents have more choices than ever before.

We would like to highlight a couple of particular concerns. The 2010 Dietary Guidelines recommend a daily sodium intake of 2,300 milligrams for the general healthy population. How do these recommendations relate to the proposed sodium levels for meals and main dishes of 450 and 300 milligrams per serving? What is the scientific substantiation to support these levels? This proposal on sodium levels not

pledged to annually remove 1.5 trillion calories from commerce by 2015. Making consumers aware of these reformulated products is essential to efforts to build healthy diets. In limiting the marketing of healthy foods, including most yogurts, soups, vegetable juices, and many cereals, as the IWG has proposed, will not help Americans identify these healthier options.

In addition, the proposed principles are inconsistent with, and in some cases more restrictive than other standards, including standards for the WIC program, the National School Lunch Program, and the Healthier U.S. Schools Challenge. What's more, the standards in the proposed principles conflict with the 2010 DGAs in several ways. While the DGAs set intake goals for different age groups, the proposed principles apply broadly to all children and teens.

The sodium levels in the proposed principles are inconsistent with the daily sodium intake goal of the DGAs. And when the sodium levels in the proposed principles are reduced to 140 milligrams per RACC, few, if any, healthy products could be marketed.

The saturated fat levels in the proposed principles are inconsistent with the DGAs, and the regulatory definition of low fat of three grams or less per RACC. The nutrition standards of the proposed

principles are based in part upon the inclusion of food groups but nutrients to encourage are omitted, including short-fall nutrients and enriched grains.

What's more, the marketing of the IWG -- the marketing the IWG seeks to regulate is not merely marketing directed to children but includes packaging, point-of-sale displays, sponsorships of charitable events, and even the shape of food, such as animal crackers. Compliance with the standards in the proposed principles will require manufacturers to remove cherished animals, characters, and sports heroes from our packaging and dramatically reduce our support for community events and organizations such as local museums and even Little League.

By broadly defining marketing, the proposed principles greatly exceed the intentions of Congress with far-reaching implications for food manufacturers and for our communities. GMA urges the interagency working group to withdraw the proposed principles and to complete the study required by Congress to assess the costs and benefits of proposed restrictions.

The IWG should also assess the progress made by our industry. New research shows that the average number of food and beverage advertisements that children view on children's programming has already fallen by 50 percent

1	between 2004 and 2010, and that programming for has
2	fallen even more dramatically for candies, cookies,
3	sodas, and snacks.
1	Ending childhood obogity within a gonoration is

Ending childhood obesity within a generation is a goal shared by our industry and by the Obama

Administration; however, the IWG has proposed dramatic changes to food recipes and marketing without providing any evidence that such extraordinary changes will help build healthy diets and without any assessment of the costs and benefits.

We urge the administration to complete a study as Congress directed --

DR. POST: Are you almost finished?

MR. FABER: -- and to withdraw these

recommendations. Yes. Thank you.

DR. POST: Great. Thanks.

Oh, we have a clarifying question here.

MS. RUSK: Scott, you mentioned that the -some of the nutrition or at least aspects of them were
inconsistent with the Dietary Guidelines. And one of the
difficulties we had was translating something that's
meant to imply -- apply to the overall diet to marketing
of an individual food. And, so, to some extent, we were
turning to other labeling regulations. And I just wonder
what suggestion you might have for how you would propose

translating overall diet recommendations to criteria for an individual food.

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You know, I was struck by the MR. FABER: challenge of applying these broad criteria to so many different kinds of food and the challenge we had as an industry with front-of-pack labeling and how ultimately when you apply these broad, broad criteria to all of the foods that 300,000 different SKUs that are offered in commerce, how ultimately in the case of a labeling system you might put a symbol on something that might be counterintuitive but still healthy, or in the case of your principles, ban the marketing of something that would presumably be healthy. Bottled water would be a good example of something that clearly is not contributing to obesity and yet in some cases because of the amount of sodium that would be naturally occurring would be prohibited if we applied these standards to our marketing.

So, I think that is one of the big challenges, is devising a system that does not exclude or ultimately exclude us from marketing obviously healthy products that moms and dads serve to their kids every day. I think part of it is looking hard at the numbers, and I want to echo what Joy said about added sugars and the challenge with protecting our confidential business information and

1	it actually	y affects	products	would 1	be great,	and	written
2	comments.	So, than	k vou.				

3 MR. FABER: We'll be happy to provide them.
4 Thank you.

DR. POST: Okay, next comments are from Tracy

Fox, Society for Nutrition Education.

MS. FOX: Thank you. I'm -- well, you've already said who I am and who I'm representing. SNE represents nutrition educators across the world and is dedicated to advocating for effective nutrition education and communication to promote healthful behaviors.

SNE strongly supports the proposed nutrition principles and marketing definitions for food marketed to children and urges the interagency work group to proceed with your final report, which we know will be based on your thorough study of the issue to Congress. A uniform set of nutrition standards and marketing definitions is long overdue. Child obesity rates, especially for certain racial and ethnic groups, including African-American and Hispanic youth, continue to climb at the same time that marketing practices of unhealthy foods abound.

Marketers have always done a better job of communicating with our kids than parents, and these days, kids are bombarded not only by television ads, and

their We Can and other child obesity prevention work.

2 And USDA could integrate them into nutrition-assistance

programs and education efforts. For example, uniform

4 standards can serve as a blueprint as USDA sets strong

5 standards for foods and beverages in vending machines and

6 school stores. And standards could be used to assist

USDA in commodity purchases and food banks in their

8 efforts to promote healthier food donations.

No one believes marketing by food companies is solely responsible for child obesity, just as tobacco marketing is not the sole reason why people smoke. We must take a comprehensive approach at tackling the epidemic. And SNE believes that if implemented across the board by food companies and beverage companies and applied to a wider array of marketing venues, uniform standards can have a positive and lasting impact on health.

And having such standards can serve to inform and unify public and private efforts at the Federal, State, and local levels, providing consumers, and especially kids, with more consistent messages in more places about healthy eating. Thanks for the opportunity to provide comments, and we'll be providing more detailed recommendations in July.

DR. POST: Thank you. All right, the next

comments are from Melissa Maitin-Shepard, American Cancer
Society.

MS. MAITIN-SHEPARD: Good afternoon. On behalf of the American Cancer Society Cancer Action Network, thank you for the opportunity to testify at today's meeting. ACS CAN is a nonprofit, nonpartisan advocacy affiliate of the American Cancer Society and supports evidence-based policy and legislative solutions designed to eliminate cancer as a major health problem.

ACS CAN applauds the interagency working group for developing proposed principles to guide industry self-regulatory efforts on the foods that they market to children and adolescents. Strong nutrition principles for food marketing are necessary to encourage children to make healthier food choices and to address the epidemic of childhood obesity. Approximately one in three cancer deaths are caused by nutrition and physical activity factors, including overweight and obesity.

Reducing the marketing of unhealthy foods to youth is an important strategy for reducing childhood obesity and creating an environment that supports healthy food choices. According to the Institute of Medicine, food and beverage advertising affects children's food preferences, purchase requests, beliefs, and short-term consumption.

L	Overall, ACS CAN strongly supports the proposed
2	nutrition principles. We are pleased that they are
3	largely consistent with the 2010 Dietary Guidelines and
1	the American Cancer Society guidelines on nutrition and
5	physical activity for cancer prevention and that they
5	require foods marketed to children to both provide a

competitive foods, contain calorie limits, so these principles should as well.

Second, we believe the proposed five-year time frame for implementation is too generous, and a two or three-year time frame is more appropriate. Well, that may not be enough time for reformulation of all products that do not meet the principles. Marketing in these principles could be stopped in the interim and a short implementation time line would encourage quicker reformulation.

We also recommend that the principles include a phased-in brand marketing requirement that ultimately mandates that all products in a brand meet the principles with an interim target in order for the brand to be marketed to children. Industry should not be able to circumvent the principles by using brand marketing for brands that contain a large proportion or number of products that do not meet the nutrition principles.

In conclusion, we strongly support the proposed nutrition principles and urge the interagency working group to work swiftly to release strong final nutrition principles for foods marketed to children. We urge industry to adopt the final principles within our recommended time frame. Thank you.

DR. POST: Thank you. The next comments are

elsewhere as healthy, would disallow foods that FDA explicitly authorizes for use in health claims. It would disallow foods USDA promotes for consumption as part of the Dietary Guidelines and for its WIC program, and would disallow enriched products fortified with folic acid that the CDC recently touted as one of the great public health achievements in the last decade as it has lowered neural tube defects.

The extremely restrictive nature of the proposed criteria would preclude advertising of nearly all baked goods to children. In fact, they eliminate the ability to promote and advertise very basic and important grain food staples in children's diets, including nutritious, fiber-rich whole-grain -- whole-wheat breads, whole-grain cereals, and enriched grain products that offer iron, four B vitamins, including folic acids, such as bread, pasta, and rice.

It is not -- it is critical for government to focus on strategies that work. There is no evidence looking -- linking advertising of particular foods to obesity. A 2005 report from the IOM, commissioned by Congress, concluded that there is no -- not sufficient evidence to arrive at any finding for the causal relationship from television advertising to obesity among children.

Extensive work is already being done by the baking industry to encourage demand for healthy foods

1	they are not science-based and instead will stifle
2	existing successful industry initiatives to self-regulate
3	in the marketing arena. We believe that this flawed
4	proposal cannot be fixed but should be withdrawn.

DR. POST: Thank you. Thanks.

DR. DIETZ: I was curious as to why you think folic acid fortification would be prohibited under these quidelines. There's no comment of that.

MS. SANDERS: Well, if enriched products would be disallowed, only enriched products are allowed to be fortified with folic acid. Whole-grain products cannot be.

DR. DIETZ: I think a more careful reading of the standards would show you that that's not the case, that an enriched product, as long as it contains the recommended quantity of whole grain, for example, would be a perfectly acceptable product.

MS. SANDERS: I'll be glad to address that further in our written comments.

DR. POST: Could you provide comments? Yes.

Thank you.

Okay, thank you.

Next comments are from Mary Waters, North
American Millers Association.

MS. WATERS: Good morning. My name is Mary

eradication of crippling diseases in the U.S. such as 1 pellagra and beriberi. More recently, enriched grains 2 began to offer Americans with another important health 3 4 benefit -- they are the primary source of folic acid in American diets, and folic acid is critical in the 5 prevention of neural tube defects. According to CDC, the 6 7 Center for Disease Control, since the FDA mandated fortification of enriched flour with folic acid in 1998, 8 the incidents of neural tube defects has declined by 34 9 percent in white, non-Hispanics and 36 percent among 10 Hispanic women. FDA standards of identity prevent whole-11 grain bread from being fortified with folic acid. 12 Currently, only whole-grain cereals can be fortified with 13 folic acid. 14

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Fortified grain-based foods like cereals and breads are vital to public health because they deliver a density and variety of key nutrients that few children would be able to receive otherwise. Grain-based products are some of the most affordable means for achieving appropriate nutrient intake levels, making them

the aggressive marketing and advertising of high-calorie, unhealthy foods and beverages to children are contributing to today's childhood obesity epidemic. The AHA commends the interagency working group for proposing a robust set of principles and standards for foods and beverages marketed to children to guide voluntary industry efforts. These standards are evidence-based and will prioritize children's health and encourage industry to take accountability for the foods they are promoting to children and families.

The American Heart Association ultimately believes there should be Federal regulatory oversight for foods marketed and advertised to children; however, in the interim, as long as there is third-party, nongovernmental oversight and a voluntary initiative, the AHA hopes that industry will choose to abide by the proposed standards.

We're pleased that the standards proposed by the working group are robust, science-based, and can be uniform, which is an improvement over the diverse set of standards that were developed by industry in recent years as part of the children's food and beverage advertising initiative. AHA supports both of the proposed overarching principles, requiring marketed foods to be healthy, while at the same time limited nutrients of

concern. The AHA applauds the working group for its proposed limits on sodium, trans fat, saturated fat, and added sugars.

The AHA does, however, encourage the interagency working group to consider adding calorie limits to the second principle in light of the current obesity epidemic and the need to limit the serving sizes of foods we eat.

We also encourage the IWG to make it clear that the standards should apply to all foods, not just the categories most heavily marketed to children. And the time line's implementation should be no more than two years so that we don't miss another generation of younger people.

AHA also supports the broad definitions proposed by the interagency working group of what constitutes marketing to children. It's important to encompass all of the ways industry reaches young consumers.

AHA suggests that the working group consider specific guidelines around brand advertising so that industry cannot bypass the standards by marketing a brand rather than specific food products.

Of course the American Heart Association will be providing more detailed feedback in our written

comments to the agencies, but we'd like to take this opportunity to applaud the interagency working group for taking this very important step forward. Thank you again for the opportunity to present our views this morning.

DR. POST: Thank you.

All right, the next comments are from Kristin Wilcox from American Frozen Food Institute.

MS. WILCOX: I might be one of the only ones that have to move this down, so I apologize.

My name is Kristin Pearson Wilcox, and I appear today on behalf of the American Frozen Food Institute.

AFFI is the sole national trade association representing all segments of the frozen food industry. As a concluding speaker this morning, I want to tell you that American food and beverage companies are committed to offering increasingly nutritious foods to children and to teens. Our industry has responded to the call of consumers by voluntarily introducing more than 20,000 healthier food products in the marketplace in just the last eight years, as was mentioned earlier today.

AFFI very much supports the goals of improving childhood nutrition and reducing childhood obesity. I want to express, however, our reservations about the wisdom and direction of the working group's principles. We agree with previous speakers that the working group's

principles would ban advertising for foods -- numerous foods -- that the Food and Drug Administration define as healthy and that the U.S. Department of Agriculture encourages under the Dietary Guidelines and the WIC nutrition program.

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Their proposed principles would also prohibit advertising of foods that FDA has explicitly authorized for promotion using various health claims. While we understand the challenges, we are troubled by this and the proposal would prevent the advertising of certain wholesome, healthy, and nutritious frozen foods to children. For example, frozen vegetables in prepared meals. Vegetables are vitally important to children, and their restriction on advertising of frozen vegetables in certain prepared meals would be detrimental to the efforts aimed by the working group to increase child nutrition. Fresh vegetables and frozen vegetables deliver key nutrients and contribute to overall healthy lifestyles. In fact, according to FDA, the nutrient profile in select raw fruits and vegetables and frozen single-ingredient versions of the same fruits and vegetables deliver relatively equivalent nutrients when consumed.

The nutrient content levels of certain nutrients is actually higher in frozen versions of some

vegetables because they are packed at the peak of freshness. USDA's Dietary Guidelines just released this year tell citizens to eat more vegetables and explicitly mention frozen vegetables. However, under the principles, companies may not be able to advertise certain frozen vegetables and prepared meals to children because they may not -- excuse me -- they may not reach the stringent sodium level limitations. In fact, the IWG acknowledges even that today, that some of the sodium level recommendations, along with many other requirements in the proposal, cannot be met by numerous products in the marketplace today if fully implemented.

It seems counterproductive to prevent the advertising of prepared meals which are mainly made up of frozen vegetables to children under the scheme that claims to improve childhood nutrition. And the working group has provided no evidence that limiting advertising of wholesome and nutritious products like frozen vegetables to children will decrease childhood obesity.

In closing, AFFI and its members believe the Federal Government should not be in the business of prohibiting and selling the advertising of frozen foods, especially foods that are good for children. We respectfully urge the IWG to withdraw this proposal, and I appreciate the chance to share our views. And AFFI

1	would be happy to provide an answer to any of your
2	questions in writing. Thank you.
3	DR. POST: Thank you.
4	MS. WILCOX: I apologize for struggling.
5	Excuse me.
6	DR. POST: Thank you.
7	We'll take a moment and see if others have
8	signed up for this time.
9	(Pause).
10	Okay, and we're just going to take another
11	minute to see if we have others on the list. Otherwise,
12	provided we get the all-clear, we'll take a 20-minute
13	break. But let's first wait a moment to see if there are

## (Pause).

others that want this time.

DR. POST: Okay, then we're going to go ahead and we'll take a 20-minute break, which brings us here back at about ten of 1:00. And please be here and seated at ten of 1:00. Thank you.

## (Brief recess).

MS. ENGLE: Okay, good afternoon, everybody.

I'm Mary Engle with the Federal Trade Commission, and
we're going to start our third session, which is comments
on the proposed marketing definitions and general
comments, and some people who are commenting on both

1 aspects as well.

So, I think we're ready to begin. And the
first speaker is Angela Campbell with the Institute for
Public Representation at Georgetown Law Center.

MS. CAMPBELL: Thank you, Mary.

I support the working group's proposal to use as a starting point the existing Federal Trade Commission template for defining marketing to children and teens. Because these definitions were developed to report on expenditures, however, they should be modified to better serve the goals of voluntary guidelines. To help reduce obesity among children and adolescents, it is important that the guidelines first cover all types of marketing to youth; second, are easy to apply; and, third, are easy to monitor.

The guidelines should cover all forms of marketing because if only some types are covered, companies can simply shift their marketing to the uncovered areas. It is especially important that the guidelines apply to any new forms of marketing that are developed. Who would have imagined just a few years ago that we would have social vending machines that would let users send video messages and free sodas to their friends mobile phones?

The guidelines should be easy to apply so that

more companies will agree to follow them. I hope that the Children's Advertising Review Unit and the Children's Food and Beverage Advertising Initiative will adopt these standards as their own and that many non-member companies will follow them as well.

Most importantly, companies that reach large numbers of children and teens should only accept advertising that complies with the guidelines. A few years ago, Nickelodeon told a Senate subcommittee that if uniform nutrition standards were adopted it would use them as a filter in all marketing and advertising relationships. I hope that Nickelodeon will make good on its commitment and that other companies such as Disney, Cartoon Network, and Facebook will follow suit.

The guidelines should be easy to monitor. Companies will be more likely to agree to guidelines if they can be sure that their competitors are following them as well. Those concerned about the epidemic of childhood obesity need to be able to identify companies that have agreed to follow the guidelines and those that have not. They also need to assess how voluntary efforts are affecting the mix of foods and beverages marketed to youth and whether youth's exposure to marketing for non-nutritious products has been reduced.

It is essential that the FTC continue to

collect data through a compulsory process and to prepare
periodic reports to Congress on the progress made by
industry. But we should not have to wait three or more
years to see whether the voluntary guidelines are
working. Greater transparency would permit other
branches of government, public health organizations, and
academics to learn what industry is doing to address the
problem of childhood obesity and to assess the
effectiveness of these efforts. Thank you.

MS. ENGLE: Thank you, Angela.

Our next speaker is Cary Frye from the International Dairy Foods Association.

MS. FRYE: Good afternoon. IDFA represents the nation's dairy manufacturing industry that produces 85 percent of the milk, cultured products, cheese, and frozen desserts marketed in the U.S. We commend the interagency working group for its efforts to fight obesity among children and teens; however, we believe that food and beverage marketing can play an important role in fostering healthy dietary practices and motivating children and adolescents to consume nutritious foods.

To encourage greater consumption of nutritious dairy products among children, IDFA strongly supports a self-regulatory process like the Children's Food and

Beverage Advertising Initiatives. A number of IDFA members are already part of this voluntary effort.

Dairy marketing expenditures represent a tiny portion of the total spent by others reaching out to children. According to the FTC's 2009 report to Congress, the marketing expenditures of all dairy products represented only a little over 3 percent of the \$1.6 billion spent in total food marketing directed at youth.

Milk consumption has been declining for 35 years, while consumption of competing beverages has risen dramatically. Seventy-one percent of milk consumed by children ages two to 17 is a standalone beverage, competing directly with beverages that have a much greater degree of advertising directed at this population.

Our members are formulating healthier product options, like lower-calorie flavored milks, yogurt with sugar reductions, great tasting, reduced-fat cheese, and creamy ice cream, light ice cream made with skim milk. We need to encourage marketing of these products to youth, not set up rigid restrictions that could discourage this marketplace trend.

IDFA offers these initial recommendations for improving the nutrition principles. The levels of

nutrient to limit -- nutrients to limit in principle B should be applied on the actual serving of the food as packaged, not the RACC determined by FDA. The market of portion-controlled packages from milk, kids yogurts, frozen juice bars, and string cheese is growing and can provide adequate serving sizes for specific age groups to limit calories.

We agree that naturally occurring levels of nutrients should not be counted towards the proposed nutrients to limit and ask for clarification that this applies to all dairy products made with milk. The requirements for limiting saturated fat to 15 percent of calories should be removed for dairy products. The amount of allowed sugars should align with the IOM report on competitive foods in schools that permits flavored yogurt with up to 30 grams of total sugar per eight ounces to counter the natural acidity in cultured yogurt. And we also recommend eliminating the reference to 1 percent for low-fat milk, yogurt, and cheese and instead simply use the descriptor low-fat.

We appreciate this opportunity to provide comments, and we look forward to developing a more detailed analysis when we submit our written comments. Thank you.

MS. ENGLE: Thank you.

1		Next	is	Barbara	Hiden	from	the	American
2	Beverage	Assoc	iat	ion.				

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MS. HIDEN: Good afternoon. I'm Barbara Hiden with the American Beverage Association. We represent the nation's non-alcoholic refreshment beverage industry. We are the producers and distributors and franchise company and suppliers to that industry.

We have hundreds and hundreds of brands, as you can imagine if you walk down the grocery aisle, that provide all sorts of flavors and choices and packages and sizes for our consumers as folks strive to make healthy choices and make choices that suit their needs and their lifestyle. We also support a lot of voluntary initiatives, most notably our work in schools through our School Beverage Guidelines, a recent initiative we call Clear on Calories, which is providing front-of-pack labeling so that consumers can make informed choices as they go down the beverage aisle. This will be on all sizes, you know, up to what we consider a single-serve now, which would be 20, 24 ounces even. Total calories will be right there on the front. Of course they're on the back already as part of the Nutrition Labeling and Education Act, but this way the consumer won't have to do the math, it will be right there on the front.

We're also part of the Children's Advertising

Review Unit, which has been mentioned by several other speakers today, which is part of the Council of Better Business Bureaus.

We think these types of voluntary initiatives can be very successful. For example, under our School Beverage Guidelines, we have reduced beverage calories available in schools by 88 percent. We have, as I mentioned, the Clear on Calories initiative, it was launched in February. We're already getting products out into the marketplace. Soon, by the end of 2012, all of our beverages will be labeled with a front-of-pack labeling initiative.

We think these types of approaches make a lot of sense and are worth doing. The proposal that has come out from the interagency working group, certainly the goals are laudable. But when we dig down into it and look exactly at what is on the table we find that it's going to be impractical and unworkable. And there is nothing that proves that advertising, per se, restrictions thereon will do anything to reduce childhood obesity, so we question the efficacy.

It also provides a definition for children that goes beyond what folks traditionally are used to seeing. We think that that's a little too broad in its scope.

We're very concerned about the system that sets up what

we consider a listing of good foods and bad foods. We

don't think that's based on science. We don't think it's

an appropriate role for government. We think it's over
reached, and we think it's bad public policy.

A couple of other speakers have mentioned here today the impact or potential impact on bottled water, and I'd like to speak to that. When you look at principle A, those foods are supposed to contribute a significant or needed nutrient to the diet. Water does not; diet soft drinks do not. They do provide hydration and refreshment, but they would be precluded in -- under our interpretation of these guidelines.

The term marketing is overly broad in our view. I see the red light has come on, so I'm going to save most of the rest of it for our written comments, but we did want to get those concerns on the table. And we do think that the proposed guidelines need to be withdrawn and the agencies should start over. Thank you.

MS. ENGLE: Thank you.

Next is Dan Jaffe from the Association of National Advertisers.

MR. JAFFE: Good afternoon. The Association of National Advertisers whose members carry out more than \$250 billion worth of advertising and marketing in the U.S. annually thank you very much for this opportunity to

1 speak	here	today.
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2	Clearly, a three-minute statement cannot even
3	scratch the surface, let alone provide a careful review
4	of the IWG proposal. Nevertheless, there are some clear
5	conclusions that can be drawn. First, if the stringent

Fourth, the proposed IWG definitions of marketing, promotion, and advertising, "directed to children," are breathtakingly over-broad. They threaten to suppress an enormous amount of traditional marketing activity, including a wide range of longstanding corporate icons, the sponsorship of many Little League teams and other sporting events and many charitable activities by food, beverage, and restaurant companies.

Fifth, the claim that these proposals are, "voluntary," clearly violates truth in labeling laws. They cover virtually every food category, every medium of marketing and advertising, and they become dramatically more restrictive over time. Can anyone doubt that these proposals are not voluntary but thinly veiled government commands? This is a classic case of backdoor regulation without the responsibilities to actually meet the requirements of such regulation.

Sixth, the IWG has completely failed to carry out the careful study of these issues that was mandated by the Congress. I think that the agencies that are here who have some truly expert people know what a full study means, particularly if they were trying to put forward a regulation. That clearly has not happened here.

The existing proposals utilize old data from 2006 that totally ignores the enormous changes in the

1	marketplace. It fails to even examine, for example,
2	recent studies carried out by the Georgetown Economic
3	Services for the Association of National Advertisers and
4	GMA. Using 2010 Nielsen data demonstrates food and
5	beverage advertising directed to kids on the broadcast
6	media has dropped by more than 50 percent since 2004, and
7	having categories such as cookies and soft drinks it has
8	dropped by more than 90 percent. And you'll be hearing
9	about the CFBAI and how all of the remaining categories
10	are handled.

Therefore, ANA strongly urges the four agencies to withdraw this proposal until they have carried out the careful study, including a cost-benefit analysis that Congress has mandated. Thank you very much for your time.

MS. ENGLE: Thank you, Dan.

Next up is Elaine Kolish from the Council of Better Business Bureaus Children's Food and Beverage Advertising Initiative.

MS. KOLISH: Thank you for the opportunity to comment. With the limited amount of time, I'm going to make just three points. First, self-regulation is working. CFBAI's participants have stepped up to the plate and are changing what's on the plate. The 17 leading food companies who are part of this self-

1	regulation initiative share the IWG and the First Lady's
2	goals of combating childhood obesity. They are committed
3	to being a part of the solution and supporting the
4	efforts of parents by advertising healthy and healthier
5	foods to kids.

The CFBAI represents a sea change from the past with its participants agreeing to using meaningful, science-based nutrition standards to govern their advertising to kids or not to engage in child-directed

issues. Those challenges are not, however, limited to
package good companies and restaurants. One illustration
can be found in the recipes for home cooks found in the
leading food sections in newspapers across the country.
They show that even at home making delicious foods that
are low or lower in sodium is extraordinarily difficult.
For example, none of the six recipes with nutritional
analyses in our leading local paper last week would meet
the IWG's proposed standards. In particular, four
greatly exceeded your proposed sodium limits. For
example, one delicious-sounding recipe for low-fat tomato
basil soup contains 580 milligrams of sodium per serving,
far more than what's in the soups our participants
advertise and far higher than the 210 milligrams you
propose.

My second point is the proposed standards are unworkable. While we appreciate that the IWG recognizes that its principles would require a phase-in period, the specific goals for nutrients to limit and for foods to include exceed any reasonable expectation of what can be accomplished within five years. Indeed it's very questionable whether on a wide-scale basis foods that would meet those limits can be produced and, if they can, whether they would be safe or affordable or tasty.

The proposed definitions of child-directed

advertising also are overly broad and over-reach, sweeping in, for example, long-standed (sic), customer-supported corporate activities designed to support physical activity. In contrast, we've worked with our participants to strike the right balance. We cover, for example, ads and traditional and new and emerging social media when they're directed -- clearly directed at kids, not other age groups or moms.

My third point is that unrealistic standards, even though very well intentioned, are not as you might hope, aspirational. The food pledge program has succeeded because the bars that were set, while very challenging for the participants, were reasonable and could be met through gradual, steady changes. They encouraged, not discouraged, innovation and reformulation, and they've encouraged more companies to participate in self-regulation. Principles that pose insurmountable challenges, not reasonable ones, and that are over-reaching are unlikely to have the same positive effect.

In conclusion, we appreciate the FTC's support for self-regulation. We are deeply committed, like you, to improving the nutritional composition of foods advertised to kids. We recognize there is room for improvement, and we are working to strengthen our program

and bring about even more changes in the foods advertised to kids. Thank you.

MS. ENGLE: Thanks, Elaine.

Our next speaker is Dan Levy from the American Academy of Pediatrics.

DR. LEVY: Much to the consternation of my staff and my patients, I've taken the day off from practice to come and speak with you and to represent the 60,000 pediatric pediatrician members of the American Academy of Pediatrics.

And what I'd like to do is share some evidence-based information with you from the Academy. As a pediatrician, I've been in practice for 32 years, and I'm seeing a distressing increase in the number of children and adolescents who are overweight and obese. Today, about 30 percent of the children we treat are struggling with overweight or obesity, and this number is growing. This trend has alarmed the pediatric community and should spur us as a nation into action.

We have been honored to work with the First Lady, Michelle Obama, on the Let's Move campaign, and we're committed to increasing the national focus on the child health crisis. The AAP applauds the interagency working group's efforts to address overweight and obesity and support overall the proposed nutritional advertising

1 principles.

While we recognize that the roots of this epidemic are complex, it's clear that food marketing to children is a big factor. For each hour of daily television viewing by children, the likelihood of obesity increases by 4 to 5 percent, beginning with 12 percent with one hour and so on.

Part of this has to do with the poor food choices encouraged by advertisements. More than 80 percent of all advertisements in children's programming are for fast food or snacks, and for every hour the children watch TV they see an estimated 11 food commercials.

Although exposure to food ads has decreased in the past few years for young children, it's increased for adolescents. In 2009, the fast food industry alone spent \$4.2 billion on advertising in all media. A study of 50,000 ads from 2003 to 2004 on the 170 top-rated shows found that 98 percent of food ads seen by children aged two to 11 years and nearly 90 percent of food ads seen by teens are for products that are high in fat, sugar, sodium, and, of course, low in nutritional content.

New technology is also enabling advertisers to reach young children and teenagers with a variety of online interactive techniques. A study of the top five

brands in eight different food and beverage categories found that all of them had internet websites; 63 had -- 63 percent had adver-games; 50 percent had cartoon categories; and 58 percent had designated children's areas. Half of the websites urge children to ask their parents to buy their products, yet only 17 percent contained any nutritional information.

The AAP agrees with the interagency working group that there needs to be a consistent set of national marketing standards; however, the working group suggestion to not include marketing to adolescents beyond in-school marketing and social media inappropriately limits the reach of even these voluntary guidelines.

Teens are being hit with food advertisements everywhere they turn. Their cell phones can even be targeted by fast food companies that offer teenagers a discount on fast food as they walk by a particular restaurant.

No platform in which food advertising is reaching adolescents, such as product placement on TV programming, should be ignored. We strongly suggest that the principles apply to all marketing approaches companies use to reach children and adolescents.

Additionally, the AAP urges food and beverage companies to agree to stop marketing unhealthy food during television programming that is viewed

predominantly by young children. While we acknowledge and understand that the interagency working group's proposed guidelines are voluntary, the AAP supports a more robust restriction on junk food advertisement on children's programming and will continue to support Congressional action to make this mandatory.

We understand that the adoption of the marketing principles won't be easy, but a few important actions are. Many companies are at the table and wish to be part of the solution to the national obesity crisis. Eliminating unhealthy food marketing to children is an essential part of that solution.

Thanks for the opportunity to speak to you. We look forward to providing a more detailed statement in response to the published request for comments. And the only other thing I would say is that kids are vulnerable. They're vulnerable to the messages that we send. We've got to do better than we're doing now. Thank you.

MS. ENGLE: Thank you.

Next up is Jeff McIntyre from Children Now.

MR. MCINTYRE: Good afternoon. I am Jeff
McIntyre, the Director of National Policy for Children
Now and the Chair of the Children's Media Policy
Coalition. We enthusiastically support the creation of
these proposed nutrition standards for the marketing of

food to children and are pleased that we are able to move forward in this process.

In Children Now's 2007 conference on the future of children's advertising, Senator Sam Brownback raised concerns specifically related to the advertising of unhealthy foods to children. Out of that conference, Senator Brownback joined Senator Harkin to create a joint industry advocate task force at the Federal Communications Commission to create a set of voluntary standards for marketing food to children. Sound familiar?

As someone that chaired the public health committee of that task force at the time, those discussions were professional but contentious, and after several months failed to arrive at an agreement acceptable to public health experts, child advocates, and industry lobbyists.

In the wake of that failed task force, Senators Brownback and Harkin were forced to turn to legislation to create a voluntary nutrition standard. The result was the interagency working group that we have all become so fond of and find ourselves addressing today.

This brief history review is important as it informs several of the questions raised by the working group and the recently issued proposed comments. The

working group guidelines, if consistently adopted by the industry, would become an important part in addressing childhood obesity. Unfortunately, as several studies, including the Children Now 2009 report, demonstrate, self-regulation has not been effective in this area. The lack of consistency among companies participating in the Children's Food and Beverage Advertising Initiative is dramatic. And when compared to groups outside of that initiative, the results are that much more striking.

As the working group considers the proposed standard, these impressive imperfections of self-regulation should be considered so the standard can address the gaps. Without any means of accountability or ease of monitoring those gaps, voluntary simply becomes random, and that's unacceptable.

Also, the media companies should have a more clear and present participation in this. To go from participating in a Federal agency task force directed by two U.S. Senators, charged with creating solutions to essentially absent in the working group's proposal, especially regarding marketing to teens, is quite a step away from responsibility in this area. And it goes against the recent White House Task Force report recommendation that the food and beverage industry and the media and the entertainment industry should jointly

1	adopt meaningful uniform nutrition standards for
2	marketing food and beverages to children.
3	Specifically choosing the broader language
4	around teens and not narrowing the platforms to just in-
5	school and social networks can help accomplish this.
6	There should not be a withdrawal. This is the mechanism;
7	this is the time for this to happen.
8	Thank you so much for your work and diligence
9	in this, and we greatly look forward to the next steps.
10	MS. ENGLE: Thank you.
11	Our next speaker is Kate Roberts from
12	Children's Hospital.
13	DR. ROBERTS: The second one who has to lower
14	this. Hi, my name is Dr. Katherine Roberts. I'm a
15	third-year pediatric resident in Southern California and
16	a resident leader within the American Academy of
17	Pediatrics. I am speaking as an individual pediatrician
18	today.
19	First, let me applaud the working group as well
20	as the Congress in taking the ambitious and necessary
21	step forward in combating childhood obesity by addressing
22	food marketing to children and adolescents. As a

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pediatrician, I see the negative impact of childhood

obesity on my patients every day. I see the 11-year-old

boy who has chronic knee pain and requires hip surgery

23

24

25

due to the heavy weight on his joints.

I see the 15-year-old girl who is flunking out of school and showing signs of depression due to low self-esteem from being overweight. And I see the two-year-old little girl with Kool-Aid in her sippy cup because commercials lead parents to believe that Kool-Aid is healthy and kids like the fun character they see on the box.

From my daily interactions with my patients, there are three main things evident to me that I would like to share with you and some ideas on how to take that next step into implementation. Number one, marketing plays a huge role in children and adolescents' diets. I spend a good part of my day, every day, teaching my patients and their families about healthy eating. And every day it's evident how much of their beliefs of what is and is not healthy is based on marketing, TV, internet, packaging, and more.

I commonly have to explain to families that fried veggie chips really aren't vegetables. Or that 880 milligrams of sodium in a can of soup is way too high. It is clear that what is being marketed is seen as credible information by parents and deeply affects children's and adolescents' diets.

Secondly, families want to eat healthy. I

can't say this enough. Families, parents, children, and adolescents want to eat healthy foods. But they are either too busy, it is too complicated, or it is too expensive. That is where theses standardized nutrition guidelines can step in. By marketing, formulating, and educating the public about healthier foods, food companies and beverage companies can help children and adolescents to eat healthier and improve the overall health of our nation's youth.

Thirdly, if the food industry adopts these standardized nutrition guidelines, there will be significant improvement in the health of our nation's youth.

As for the next step, how do we incentivize companies to implement these guidelines? We need to make the proposed nutritional guidelines a win/win for companies and for youth. So, how do we do that? Here's a couple ideas off the top of my head. How about a healthy stamp of approval on foods that meet the nutrition guideline criteria which children and families learn to recognize and want to buy?

How about some creative marketing strategies for children, something fun and colorful, such as dancing carrots or weight-lifting broccoli? For adolescents, something cool, of course, such as partnering with MTV

1	for labeling. Imagine for the younger adolescents Justin
2	Bieber saying, "I like carrots over potato chips." Or
3	point rewards for healthy food products, low-sugar
4	yogurt, whole-wheat crackers.

These are just some of my ideas. Therefore, to me, it is clear that through innovation and working together we can help prevent childhood obesity and make it win/win for everyone. Thank you so much for your time.

MS. ENGLE: Thank you.

The next speaker is Laura Shumow from National Confectioners Association.

MS. SHUMOW: Hello, I'm Laura Shumow with the National Confectioners Association, which represents over 350 manufacturing confectionary companies, as well as over 200 companies that supply and service the industry. NCA member companies are diverse. NCA represents major confectionary companies that sell brands that are recognizable and add happiness to most family homes.

At the same time, two-thirds of NCA's members are small businesses. Many of the industry's manufacturers are now fourth and fifth-generation family-owned companies and have long histories of engaging with and supporting their local communities.

Our largest members that represent the majority

of candy sold in national distribution channels are

Kraft, Hershey, Mars, and Nestle. These leading

companies have all made major commitments under the

Children's Food and Beverage Advertising Initiative to

not advertise candy to children under 12.

While the NCA and our members support responsible advertising and marketing, especially when it comes to children, the interagency working group guidelines are over-reaching in the scope of marketing activities they cover and with the age groups they target. I'll provide some examples of how the definition for marketing activities would impede our industry's business practices and community involvement.

First, by limiting the ability to use packaging and point-of-purchase displays, the guidelines would prohibit seasonal products related to major holidays.

Examples of products impacted include a chocolate Easter bunny, a Chocolate Santa, a pumpkin-shaped Halloween candy, and a package of chocolates covered in hearts or snowmen.

Candy is a treat to be eaten in moderation and is a fun, integral part of seasonal celebrations.

Considering over half of all candy sold is around the holiday season, limits on these fun products would severely impact the confectionary business.

Second, by limiting the ability of companies or brands to sponsor events and sports teams, especially when these sponsorships would be visible to teen audiences, would impact not only major entertainment events, but would also, and perhaps more importantly, remove one of the ways that small businesses lend their support to communities.

Many of our small and medium-sized companies proudly fund programs like Little League and high school athletic teams. Other activities that would be prohibited include sponsorship of any concert or sporting event at the college and university level, including NCAA basketball. It would also severely limit large and small companies' participation in campaigns to raise funds for national charities like United Way, which raises funds for both children and adult organizations. Our members will not stop supporting these programs.

In summary, while NCA members support responsible advertising, these guidelines are over-reaching. This is especially the case considering the lack of evidence demonstrating that such measures would actually have an impact on children's overall health status. Considering the commitments to reduce or discontinue advertising to children under 12 made by the confectionary industry and the broader food industry, our

1	collective time and efforts would be better spent
2	securing alignment on responsible marketing practices for
3	the 12-and-under age bracket. NCA would be pleased to
4	work with the interagency working group to this end.
5	MS. ENGLE: Thank you.
6	Next we'll hear from Margo Wootan from the
7	Center for Science in the Public Interest.
8	DR. WOOTAN: Thank you. And I'm testifying
9	today on behalf of the Food Marketing Work Group, which

fact that the current self-regulatory approach has spurred a lot of product reformulation and has resulted in the first reductions in unhealthy food marketing to kids, certainly in the last couple of decades, maybe ever.

As you know, 17 companies participate in the CFBAI, which you've already heard about; however, several studies show that the vast majority of marketing aimed at kids remains to be foods that are high in calories, saturated fat, sodium, and added sugars and low in fruits, vegetables, whole grains, and key nutrients.

Self-regulation has not been effective as it's currently being practiced, but we see good promise. One of the key limitations is that each company has its own set of nutrition standards, and while there are many common elements among these nutrition standards, they also include strategic differences that weaken their impact.

The proposed interagency working group principles would provide a consistent set of national marketing standards which are solidly based on consensus, science -- consensus nutrition recommendations and the Dietary Guidelines for Americans.

Another flaw in the current self-regulatory national

L	all the approaches that they use to market food to
2	children. For example, few cover on-package marketing or
3	many of the marketing techniques that they use in
1	elementary, middle, and high schools. We strongly
5	support that the working group principles would apply to
5	all marketing approaches that companies use to reach
7	children.

We understand that the adoption of the marketing principles won't be easy, but few important actions ever are. But they're very important. Companies have vowed to be part of the solution to the national obesity crisis, and eliminating unhealthy food marketing to children is an essential part of that solution.

The interagency working group marketing principles address the key gaps in self-regulation that will make it fully effective. We urge the interagency working group to address the public comments and reduce the final marketing principles soon. Families have waited a very long time for these and they shouldn't have to wait much longer.

So, thank you for the opportunity to testify. We'll provide more detailed recommendations in our written comments.

MS. ENGLE: Thank you.

And now since we're running ahead of time, I

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