

Exhibit 10

At the present time, there is only one nonprescription nutraceutical product that is currently under investigation (Pharmachem Laboratory, Phase II) and is approved by the US Food and Drug Administration, with a qualified health claim for assistance in weight control and a structure-function claim for its mechanism, which is that it blocks starch absorption by means of an

significant for weight ($P = 0.001$), BMI ($P = 0.001$), and percent body fat ($P = 0.03$), indicating overall drug effects. This can be seen in Table 2 where there were improvements in weight, BMI, and percent body fat in the high-dose and low-dose arms, but not the placebo arm. For weight, the 2.04 ± 2.20 kg decrease in the high-dose arm was significant ($P = 0.003$), as was the 1.54 ± 1.74 kg decrease in the low-dose arm ($P = 0.005$); but the 0.34 ± 1.41 kg change in the placebo arm was not significant ($P = 0.355$). For BMI, the 0.74 ± 0.80 kg/m² decrease in the high-dose arm was significant ($P = 0.003$), as was the 0.58 ± 0.62 kg/m² decrease in the low-dose arm ($P = 0.004$); but the 0.12 ± 0.51 kg/m² change in the placebo arm was not significant ($P = 0.384$). For percent body fat, the $1.19\% \pm 1.22\%$ decrease in the high-dose arm was significant ($P = 0.002$), as was the $1.06\% \pm 1.12\%$ decrease in the low-dose arm ($P = 0.003$); surprisingly, the decrease was also significant in the placebo arm $0.88\% \pm 1.26\%$ ($P = 0.015$). The sequence-time interaction was marginally nonsignificant for weight ($P = 0.08$), was marginally significant for BMI ($P = 0.049$), and was significant for percent body fat ($P = 0.001$).

Most importantly, the triple interaction was significant for weight ($P = 0.001$) and BMI ($P = 0.001$), but not for percent body fat ($P = 0.239$). For weight, the 2.04 ± 2.20 kg decrease in the high-dose arm was greater than the 0.34 kg increase in the placebo arm ($P = 0.013$), and the 1.54 ± 1.74 kg decrease in the low-dose arm was greater than the 0.34 kg increase in the placebo arm ($P = 0.001$). The change in weight in the high-dose arm was not different from the change in weight in the low-dose arm ($P = 0.544$). For BMI, the 0.74 ± 0.80 kg/m² decrease in the high-dose arm was greater than the 0.12 kg/m² change in the placebo arm ($P = 0.001$). The change in BMI in the high-dose arm was not different from the change in BMI in the low-dose arm ($P = 0.544$).

pressure, diastolic blood pressure). For heart rate, there was a marginally nonsignificant sequence effect ($P=0.065$), and arm \times time interaction ($P=0.083$). The only significant result was a time effect ($P=0.007$), reflecting an improvement between the beginning and end for each arm. No other effect was significant ($P=0.165$). There were no significant results

activated receptor. This is one of the key regulators of lipids and glucose.²⁰

There have been a few human studies with **green coffee** extract. Thom investigated the efficacy and tolerability of a green coffee extract (Svetopladd) to instant coffee and compared within a randomized, placebo-controlled, double-blind study.²¹ The product reduces the absorption of different types of sugar from the gastrointestinal tract.

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy

Publish your work in this journal

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy is an international, peer-reviewed open-access journal committed to the rapid publication of the latest laboratory and clinical findings in the fields of diabetes, metabolic syndrome and obesity research. Original research, review, case reports, hypothesis formation, expert opinion and commentaries are all considered for publication. The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit <http://www.dovepress.com/testimonials.php> to read real quotes from published authors.

Submit your manuscript here: <http://www.dovepress.com/diabetes-metabolic-syndrome-and-obesity-targets-and-therapy-journal>