

a good fighter against coronavirus.... If you're solely combating COVID-19, monolaurin supplement should satisfy your need.... If you're not a coconut oil fan, supplementing with monolaurin pellets or capsules [<https://amzn.to/2uxya7t>] might be your best bet”;

- That “monolaurin supplement is not everything. It just doesn't cover as broad a spectrum of viruses, bacteria and other germs as coconut oil does. You'd also need the help of lauric acid, capric acid, caprylic acid, myristic acid, monocaprin, monocaprylin, monomyristin and others (from coconut oil, of course) to ensure you're better covered and protected against COVID-19. . . . That's why I'm betting on coconut oil to help me fight against the COVID-19 virus and other super germs”;
- That “[e]ating coconut oil to boost your immune health [[link to https://fussybody.com/eat-coconut-oil-for-health-benefits/](https://fussybody.com/eat-coconut-oil-for-health-benefits/), which contains affiliate links to coconut oil products] is definitely one way. And it's the best since every drop of goodness from coconut oil goes right inside your body to help fight coronavirus and keep you safe from COVID-19”;
- That an “[o]pen wound is like an open door to COVID-19. So, make sure you check for any open wounds. And apply coconut oil to your skin [[link to https://fussybody.com/use-coconut-oil-for-skin-care/](https://fussybody.com/use-coconut-oil-for-skin-care/), which contains links to pages containing affiliate links to coconut oil products] to strengthen its barrier against any 'unwelcome visitors'. Upon contact and reacting with the friendly germs on skin, coconut oil will break down into free fatty acids (lauric, caprylic, capric etc) and monoglycerides to wipe out common pathogens”;
- That “[t]hese are my protective 'gears' against the currently widespread coronavirus. Virgin and RBD coconut oils I've told you early on. You're probably curious about that butter-flavored coconut oil [<https://iherb.co/BHwpjMNK>], right? . . . I take it every single day. And it adds to my intake of coconut oil for preventing COVID-19”;
- That “I'll definitely choose the unrefined virgin coconut oil [[link to https://fussybody.com/choose-best-virgin-coconut-oil/](https://fussybody.com/choose-best-virgin-coconut-oil/), which contains links to pages containing affiliate links to coconut oil products] for fighting COVID-19. Unrefined virgin coconut oil [[link to https://fussybody.com/tag/virgin-coconut-oil/](https://fussybody.com/tag/virgin-coconut-oil/), which contains affiliate links to coconut oil products] has always been my favorite powerhouse of antimicrobials when it comes to revving up immunity;
- That “right now what you must do is do whatever it takes to fortify your immune system. Having a strong immunity is the best and most effective way to protect you from COVID-19. And coconut oil can quickly ramp up your immune system”; and

