



Actually I have excellent reviews on different types of sauna that you can use [sic] home to prevent you from getting sick!

Infrared Sauna Blanket [link to <http://infraredforhealth.com/top-3-infrared-sauna-blanket-weight-loss-reviews/>, which contains affiliate marketing links to this product] ( click for the link )

Infrared Portable Sauna [link to <http://infraredforhealth.com/5-best-portable->